

project play

The daily PLAY Plans

pre-schooler

www.celebrateplay.com.au

about erin



Hi there!! I'm Erin, teacher (EC and Primary), Mum (of 2), wife, smoothie obsessed, organisational nerd and soon to be your greatest PLAYmate...the one that will share...

- play ideas with you
- the one that will support you in creating play systems and play spaces that fit YOUR life
- the playmate that will celebrate the PLAY wins with YOU and
- the one that will empower YOU to totally rock this motherhood PLAY gig thing - it's a REAL *thing*[♥].

play notes

Thank you for becoming our newest, greatest PLAYmate by joining the membership - Project PLAY.

This monthly planner is for personal use only and is not to be sold, shared, redistributed in any form. If you love this bundle as much as we do and would like your family and friends to have their own copy, please refer them to our website to join Project PLAY www.celebrateplay.com.au

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play notes

This eBook is part of a growing bundle of monthly sets of daily PLAY Plans. I created this eBook for the members of the Project PLAY membership as a tool to support them with boosting daily play and building a legacy of PLAY with the early learners in their homes.

In this resource you will find:

- 1 x monthly daily play calendar with play ideas
- A series of pages for you to write and journal your progress – a goal setting page, an observation page and a celebrating the wins page. This is a working eBook allowing you to jot down ideas and to document the moments spent together in celebrating PLAY.
- Access to the Project PLAY members only FB group along with the other Mummas that have joined the membership too.

This resource is designed with ideas to use in daily play, but we know how busy motherhood can get, so don't fret if you miss a play idea. Save it for another time for when it is needed. The aim of this resource is to help, support and save you time when thinking of what you can do with your little learner/s.

Our PLAY ideas are nothing new, they are simple, quick and easy play ideas to help maintain consistency when nurturing the flow of PLAY.

I hope this resource is helpful to when boosting daily play in your home.

Erin xx

All PLAY activities shared by celebratePLAY require adult supervision at all times.

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play notes

How to use this resource

OPTION 1.

- Print all pages of this document from beginning to end and 30 copies of page 9 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR

OPTION 2.

- Print all pages of this document from beginning to end and 30 copies of page 10 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR

OPTION 3.

- Print only the pages relevant to you
- You may choose to bind the book for safe keeping and ease in daily use.

The idea behind this design has been created with great intention so that it is as versatile as possible for YOU!!

preschooler **The daily PLAY Plan** january

1 Insect Discovery Tub	2 Insect Drawings	3 Block Play (tallest to shortest)	4 Blanket Forts	5 Masterclass Insect Discovery Tub Date subject to change with notice	6 Make Playdough (cooking)	7 Playdough Animals
8 Nature Playdough	9 Playdough Pattern Making	10 Mirror, Mirror	11 Recycled materials play	12 Build a sandcastle	13 Outdoor Play (Tips)	14 Dribble a ball
15 Roll a Ball	16 Catch a Ball	17 Obstacle Course	18 Insect Small World	19 Nature Hunt	20 Straw Building	21 Kick a Ball
22 Favourite Toy Hunt	23 Colour mixing with paint	24 Music and dancing	25 Create a photo album	26 Nature Bugs craft	27 Project PLAY Pack – Car wash Time	28 Project PLAY Pack – Car wash Time
29 Project PLAY Pack – Car wash Time	30 Project PLAY Pack – Car wash Time	31 Project PLAY Pack – Car wash Time	<p><i>this month</i></p> <ul style="list-style-type: none"> • LIVE run through of the eBook in FB group • Feedback thread in FB Group • Masterclass: Insect Discovery Tub 			

All PLAY Based learning experiences listed require ADULT Supervision at all times!!

Share your PLAY with us in the FB membership group and tag #celebrate_play to be featured in our Insta Stories

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- This calendar is not dated as previous daily PLAY Plans have been. You can still use it as a dated calendar if that works best for you. The masterclass will take place on the date marked in the calendar eg, 5th January, 2023.

pre-schooler **The daily PLAY Plan** resources

day of the week	resources needed
1	Insect figurines and tape
2	Insect Figurines, Pencils and Paper
3	Blocks (mixed lengths)
4	Blankets and Lounges
5	Masterclass – insects, landscape pieces, books and a basket
6	Playdough Ingredients
7	Playdough, fine motor tools and craft supplies (eg, paddlepop sticks, googly eyes, wool)
8	Playdough Ingredients, petals, twigs, leaves, stems and buds
9	Nature Playdough and patterned rolling pins
10	Mirror and ourselves
11	Recycled materials
12	Sand, table/tray and sand toys
13	Outdoor Space
14	Ball and outdoor space
15	Ball – handheld size
16	Ball – handheld size
17	Outdoor equipment and nature
18	Insects, landscape pieces and books
19	Sticky Art Frame or clipboard and outdoor space
20	Straws and blu tak
21	Ball and outdoor space
22	Favourite toys
23	Paint (a range of colours – ensure white is included), paper, wipes and paintbrush.
24	Music and indoor space
25	Photo album
26	Nature pieces (leaves, twigs, petals), googly eyes and craft glue
27	Project Play Pack - Car wash Time
28	Project Play Pack - Car wash Time
29	Project Play Pack - Car wash Time
30	Project Play Pack - Car wash Time
31	Project Play Pack - Car wash Time

All PLAY Based learning experiences listed require ADULT Supervision at all times!!

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daily play play



date: _____

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top priorities

1	
2	
3	
4	

household duties

	Kitchen		Bedrooms		Homework
	Laundry		Lunchboxes		Other
	Bathrooms		General		Meal prep

to do list

Daily 5 am Daily 5 pm

<input type="radio"/>	
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Activity #1

Shopping/Gift Ideas

Activity #2

Self-Care

Activity #3

Gratitude

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extra notes

Dot down any other ideas or notes you may have.

january check in

What worked well this month? What didn't work well this month? Share your reflections in the FB members only group!

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Woo hoo! You have embraced another
month of PLAY!