

project play

The daily PLAY Plans

pre-schooler

www.celebrateplay.com.au

about erin



Hi there!! I'm Erin, teacher (EC and Primary), Mum (of 2), wife, smoothie obsessed, organisational nerd and soon to be your greatest PLAYmate...the one that will share...

- play ideas with you
- the one that will support you in creating play systems and play spaces that fit YOUR life
- the playmate that will celebrate the PLAY wins with YOU and
- the one that will empower YOU to totally rock this motherhood PLAY gig thing - it's a REAL *thing*[♥].

play notes

Thank you for becoming our newest, greatest PLAYmate by joining the membership - Project PLAY.

This monthly planner is for personal use only and is not to be sold, shared, redistributed in any form. If you love this bundle as much as we do and would like your family and friends to have their own copy, please refer them to our website to join Project PLAY www.celebrateplay.com.au

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membership <https://www.facebook.com/groups/281169510509489>

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play notes

This eBook is part of a growing bundle of monthly sets of daily PLAY Plans. I created this eBook for the members of the Project PLAY membership as a tool to support them with boosting daily play and building a legacy of PLAY with the early learners in their homes.

In this resource you will find:

- 1 x monthly daily play calendar with play ideas
- A series of pages for you to write and journal your progress – a goal setting page, an observation page and a celebrating the wins page. This is a working eBook allowing you to jot down ideas and to document the moments spent together in celebrating PLAY.
- Access to the Project PLAY members only FB group along with the other Mummas that have joined the membership too.

This resource is designed with ideas to use in daily play, but we know how busy motherhood can get, so don't fret if you miss a play idea. Save it for another time for when it is needed. The aim of this resource is to help, support and save you time when thinking of what you can do with your little learner/s.

Our PLAY ideas are nothing new, they are simple, quick and easy play ideas to help maintain consistency when nurturing the flow of PLAY.

I hope this resource is helpful to when boosting daily play in your home.

Erin xx

All PLAY activities shared by celebratePLAY require adult supervision at all times.

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play notes

How to use this resource

OPTION 1.

- Print all pages of this document from beginning to end and 30 copies of page 9 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR

OPTION 2.

- Print all pages of this document from beginning to end and 30 copies of page 10 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR


OPTION 3.

- Print only the pages relevant to you
- You may choose to bind the book for safe keeping and ease in daily use.

The idea behind this design has been created with great intention so that it is as versatile as possible for YOU!!

preschooler **The daily PLAY Plan** september

All PLAY Based learning experiences listed require ADULT Supervision at all times!!

1 Water colour Painting	2 Pasta Threading	3 Colour sorting with shapes and paperclips	4 Outdoor Games: Mini Olympics	5 Dance to music	6 Read a book	7 Masterclass Wild Animals Small World <small>Date subject to change with notice</small>	
8 Hopscotch	9 Science Experiment Layered Liquids	10 Name Craft Collage	11 Letter Scavenger Hunt	12 Rock Painting	13 Ping Pong Number Match	14 Playdough and pasta	
15 Housework Time	16 Quoits	17 Podcast Listen Time	18 Magnetic Tile Build	19 Colour sort	20 Build a Cubby house	21 Outdoor Picnic	
22 Puppet Show	23 Wash the dolls	24 Grow a plant	25 Update the photo album	26 Books and puppets	27 Project PLAY Pack – Pirates	28 Project PLAY Pack – Pirates	
29 Project PLAY Pack – Pirates	30 Project PLAY Pack – Pirates	<i>masterclass</i> LIVE run through of the eBook in FB Group • Feedback thread in FB Group					

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This calendar is not dated as previous daily PLAY Plans have been. You can still use it as a dated calendar if that works best for you. The masterclass will take place on the date marked in the calendar eg, 9th March, 2023.

pre-schooler **The daily PLAY Plan** resources

day of the week	resources needed
1	Water colours, paint, paper towel and wipes
2	Pasta and string
3	Coloured shape mats and paperclips
4	Paper planes, ball, bean bags, laundry basket and relay batons
5	Music and Movement
6	Books
7	MASTERCLASS - Wild animal figurines, playdough and landscape pieces
8	Hopscotch
9	Glass jars, oil, food colouring, honey and stirrers
10	Markers, paper, collage pieces and glue
11	Letter cards
12	Rocks, paint and paper towels
13	Ping Pong balls with numbers on them and numeral cards
14	Playdough and pasta pieces (spaghetti or penne)
15	Housework (your choice)
16	Quoits
17	Podcast - ABC Listen
18	Magnetic Tiles
19	Colour mats and toys
20	Blankets and a table
21	Outdoor Picnic and food
22	Puppets and stand
23	Water, tubs, dishwashing liquid and dolls
24	Plant and watering can
25	Photos and Photo Album
26	Books and puppets
27	Project PLAY Pack - Pirates
28	Project PLAY Pack - Pirates
29	Project PLAY Pack - Pirates
30	Project PLAY Pack - Pirates
31	Project PLAY Pack - Pirates

All PLAY Based learning experiences listed require ADULT Supervision at all times!!

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pre-schooler **The daily PLAY Plan** resources

day of the week	resources needed
1	Pull out the watercolour paints and paint onto paper. Have some paper towels and wipes on hand for any spills. Watch your little one paint.
2	Cut string into small lengths – (10-20cms long). Deem what size is safe for your little learners. Tie a big knot at one end to stop the pasta from falling off. Thread the pasta onto the string.
3	Use coloured paperclips to match to shapes with the same colour as the paperclip. Shape Mats are in the PLAY portal.
4	Find resources listed in the resource list. Set each different activity up in a rotation. Move your way through each rotation. EXTENSION – take score and have a medal presentation at the end and/or have an opening and closing ceremony.
5	Pop on your favourite tunes and dance away
6	Bring out your favourite books and read together.
7	Set up a small world invitation with wild animal figurines. Watch your little one play.
8	Set up hopscotch outside or inside and play. You could use chalk or a store bought hopscotch mat.
9	Collect ingredients listed in the resource list. Follow this link for the Layered Liquids recipe and scientific explanation.
10	Roll out a large piece of paper and write your child's name on it. Set up glue and natural pieces to glue on over each letter of the name. EXTENSION - Encourage correct letter direction.
11	Source some letter cards (some in the play portal) and print. Hide these cards throughout the house and go on a scavenger hunt to find them. EXTENSION – say the letter name, phoneme and match it to an object in the home starting with the same letter.
12	Collect or buy rocks (we love the Tuscan path stones from Bunnings) and add them to some markers and paper towel on a flat surface. Draw onto the stones. If you would like to keep these grab some sealer (we use Boyle's matt spray from Spotlight) to seal them.
13	Source ping pong balls and write numbers on them and print out a set of numeral cards (in the play portal). Match the ping pong ball to the numeral card.
14	Find ingredients. Roll the playdough into 5-6 balls. Then flatten them slightly and line them up in a row. Stand a piece of spaghetti upright using the playdough ball as a holder for the spaghetti. Then watch your little one thread the pasta (I recommend penne or rigatoni) onto the spaghetti.
15	Invite your little one to join you with the housework chores.

16	Set up a game of quoits (store bought or DIY) and play together.
17	Set up the ABC Listen podcast on your device and listen to a podcast. Chat about what each of you heard and your favourite part.
18	Bring out the collection of magnetic tiles. We love and support Connetix tiles as we are a brand rep.
19	Print out the colour mats (in the PLAY portal) and match toys to the colours.
20	Set up a table cubby using furniture and blankets.
21	Set up your favourite foods, rug and head outdoors to eat and play.
22	Use the puppet stand made from previous weeks, add some puppets to the puppet theatre and begin to create your very own puppet show.
23	Set up a tub with a small amount of water. Add dishwashing liquid, a sponge and dolls. Wash the dolls and dry them.
24	Fill up the watering can and water the plants.
25	Look through the photo album and talk about the people and places in the album.
26	Add some books to the puppet stand and read them with the puppets.
27	Project PLAY Pack – Pirates - see PLAY Pack
28	Project PLAY Pack – Pirates - see PLAY Pack
29	Project PLAY Pack – Pirates - see PLAY Pack
30	Project PLAY Pack – Pirates - see PLAY Pack
31	Project PLAY Pack – Pirates - see PLAY Pack



daily play play



date: _____

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top priorities

1	
2	
3	
4	

household duties

	Kitchen		Bedrooms		Homework
	Laundry		Lunchboxes		Other
	Bathrooms		General		Meal prep

to do list

Daily 5 am Daily 5 pm

<input type="checkbox"/>	
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Activity #1

Shopping/Gift Ideas

Activity #2

Self-Care

Activity #3

Gratitude

Activity #4

Calls/Records

extra notes

Jot down any other ideas or notes you may have.

september check in

What worked well this month? What didn't work well this month? Share your reflections in the FB members only group!

project play

Woo hoo! You have embraced another
month of PLAY!