

project play

The daily PLAY Plans

pre-schooler

www.celebrateplay.com.au

about erin



Hi there!! I'm Erin, teacher (EC and Primary), Mum (of 2), wife, smoothie obsessed, organisational nerd and soon to be your greatest PLAYmate...the one that will share...

- play ideas with you
- the one that will support you in creating play systems and play spaces that fit YOUR life
- the playmate that will celebrate the PLAY wins with YOU and
- the one that will empower YOU to totally rock this motherhood PLAY gig thing - it's a REAL *thing*[♥].

play notes — my why

I am on a mission, and I feel that it's important to share my mission with you because maybe you will want to join me on this adventure.

My mission is to build a lifelong legacy of PLAY for the children of today (including my own) and for the children of tomorrow — the future generations of children yet to come.

In a world where PLAY is disappearing in the early years, I want nothing more than to bring it back in full swing by starting at home — with daily PLAY ideas from the simple to the epic!

What do you think... are you with me?

play notes

This eBook is part of a growing bundle of monthly sets of daily PLAY Plans. I created this eBook for the members of the Project PLAY membership as a tool to support them with boosting daily play and building a legacy of PLAY with the early learners in their homes.

In this resource you will find:

- 1 x monthly daily play calendar with play ideas
- A series of pages for you to write and journal your progress – a goal setting page, an observation page and a celebrating the wins page. This is a working eBook allowing you to jot down ideas and to document the moments spent together in celebrating PLAY.
- Access to the Project PLAY members only FB group along with the other Mummas that have joined the membership too.

This resource is designed with ideas to use in daily play, but we know how busy motherhood can get, so don't fret if you miss a play idea. Save it for another time for when it is needed. The aim of this resource is to help, support and save you time when thinking of what you can do with your little learner/s.

Our PLAY ideas are nothing new, they are simple, quick and easy play ideas to help maintain consistency when nurturing the flow of PLAY.

I hope this resource is helpful to when boosting daily play in your home.

Erin xx

All PLAY activities shared by celebratePLAY require adult supervision at all times.

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play notes

How to use this resource

OPTION 1.

- Print all pages of this document from beginning to end and 30 copies of page 9 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR

OPTION 2.

- Print all pages of this document from beginning to end and 30 copies of page 10 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR

OPTION 3.

- Print only the pages relevant to you
- You may choose to bind the book for safe keeping and ease in daily use.

The idea behind this design has been created with great intention so that it is as versatile as possible for YOU!!

play goals



Use this space to record the goals you wish to strive for as you embrace the time with your toddler in Project PLAY eg. greater intention with daily play set ups, creating a playspace that fits your life.

preschooler **The daily PLAY Plan** november

1 Puzzle PLAY	2 Card Game	3 Recycling Artwork	4 Simon Says	5 Puppets and Books	6 Oobleck	7 Wash the toys
8 Bubbles	9 Masterclass Salt Painting <small>Date subject to change with notice</small>	10 Colour dropping on filter paper	11 Pasta Artwork	12 Heart Paper collage	13 Mirror Painting	14 Insect Tracing
15 Australian Animal Small World	16 Rescue the taped animals	17 Felt Boards	18 Board Game	19 Bead Threading	20 Jelly Making	21 Noughts and Crosses
22 Chalk Drawings	23 Shaving Cream Play	24 Nature Collage	25 Loose Parts Tong Pull	26 Squirt the Ice	27 Project PLAY Pack – Tea Party	28 Project PLAY Pack – Tea Party
29 Project PLAY Pack – Tea Party	30 Project PLAY Pack – Tea Party	31 Project PLAY Pack – Tea Party	<i>masterclass</i> <ul style="list-style-type: none"> • LIVE run through of the eBook in FB Group • Feedback thread in FB Group • Masterclass – Salt Painting 			

All PLAY Based learning experiences listed require ADULT Supervision at all times!!

Share your PLAY with us in the FB membership group and tag #celebrate_play to be featured in our Insta Stories

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- This calendar is not dated as previous daily PLAY Plans have been. You can still use it as a dated calendar if that works best for you. The masterclass will take place on the date marked in the calendar eg, 9th March, 2023.

pre-schooler **The daily PLAY Plan** resources

day of the week	resources needed
1	Puzzles
2	Card game
3	Recycling pieces
4	Voice and actions
5	Puppets and books
6	Cornstarch, water, food colouring (optional), tray, wipes and fine motor tools
7	Water, tub, dishwashing liquid and toys
8	Bubble wands (various sizes and shapes)
9	Masterclass - Salt, food colouring and cardboard
10	Pippetes, paper towel, wipes, food colouring and water
11	Pasta, cotton tips, glue and paper
12	Heart shape cardboard pieces, tissue paper pieces and glue
13	Paint, paper and wipes
14	Insects, sunlight and paper/concrete space
15	Australian animal figurines, sensory base, tray and fine motor tools
16	Animal figurines, tape and flat surface
17	Felt board and pieces
18	Board game of your own choice
19	Beads and threads
20	Jelly recipe and ingredients
21	Noughts and Crosses
22	Chalk and concrete space
23	Shaving cream, food colouring, skewers, tray and paper
24	Natural loose pieces, glue and cardboard
25	Loose parts, tray and tongs
26	Ice blocks, warm water and spray bottles
27	Project PLAY Packs – Tea Party Time
28	Project PLAY Packs – Tea Party Time
29	Project PLAY Packs – Tea Party Time
30	Project PLAY Packs – Tea Party Time
31	Project PLAY Packs – Tea Party Time

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pre-schooler **The daily PLAY Plan** resources

day of the week	resources needed
1	Select a range of puzzles and place one at a time out for each session of the day. Complete them together.
2	Choose your favourite card game and play it together eg, snap or memory
3	Collect the recycled pieces from your weekly shopping and pop them out randomly onto the floor. Watch what your learner creates with it. Repeat this but this time place the collection in a basket or hamper. Watch what happens. Come back into the FB group and share what you saw.
4	Prep your voice and play a game of Simon Says – here are two steps to get the game started – Simon Says clap your hands on, now tap your feet.
5	Bring out the puppet collection and place a few in a basket. Then find some books with matching characters/animals on display. Read the book together and use the puppets.
6	<p>Prepare ingredients ahead of time.</p> <p>Place them in a tub or tray with a waterproof mat (we love Rudie Nudie playmats) or table cloth underneath.</p> <p>Place the ingredients in the tub and mix.</p> <p>Add some fine motor tools (in the tub and some on the side of tub).</p> <p>Play with the oobleck and discuss the texture.</p> <p>Have our messy play exit strategy in mind incase it is needed.</p> <p>Pop some wipes and a towel to the side for easy access.</p>
7	<p>Set up a tub/tray with water and dishwashing liquid so there are some bubbles. Pop in some toys and give them a clean with a waterproof mat (we love Rudie Nudie playmats) or table cloth underneath.</p> <p>Pop a towel to the side for easy access.</p>
8	Set up a tray of bubble wands to choose from. Tape the bubblewand tubes to a pole outside so your little one only has to dunk the blowing piece in for easy use.
9	MASTERCASS – join the masterclass live or watch the reply
10	<p>Portion pieces of paper towel ahead of time.</p> <p>Set up four or more little containers with some water and pipettes in them. Together drop a few drops of food colouring into the water and mix with the pipette. Discuss the colour changes.</p> <p>Then squeeze the coloured water onto the paper towel, watch the colours absorb and discuss.</p>
11	Pull out a small variety of pasta from the pantry. Pop this into a sectioned tray. Sort pasta by type. Pop some PVA glue into a container with cotton tips in it with some paper next to the tray. Use the cotton tip to spread glue on the pasta and glue to the paper.

12	<p>Cut some cardboard into heart shapes. Cut tissue paper into square pieces. Collage the tissue paper over the cardboard heart. Allow to dry.</p>
13	<p>Pull out the paint collection (we love Crayola washables). Take the lids off and place some small paintbrushes into each container. Set up paper in front of the paint containers. Paint a picture onto the paper. Pop a tablecloth or waterproof mat under the paper...along with a chopping board that offers a firm surface to paint paper on it.</p>
14	<p>Collect a set of insect toys, paper and markers. Set the insects up on a row of paper in the sunshine on the concrete. Using the markers trace the insect shadows.</p>
15	<p>Collect resources as per the resource list. Lay a sensory base in the bottom of the tray – kinetic sand or playdough is ideal. Place the Australian animals in realistic scenes you find them in the Australian bush/outback. Include fine motor tools and containers for scooping, transferring, pouring.</p>
16	<p>Using the animal figurines from yesterday tape them to a flat surface and encourage your little one to rescue the animals by removing them from the surface.</p>
17	<p>Collect the felt board and pieces set. Place the felt board pieces in a familiar scene on the board and present it as an invitation.</p>
18	<p>Choose a board game and play it together. We are loving 5 second rule.</p>
19	<p>Pull out the bead and thread collection and set it up as an invitation. You may start a pattern on one of the threads for it to be continued.</p>
20	<p>Purchase a jelly crystal mix from the shops and make jelly together. Focus is connection and language.</p>
21	<p>Play a game of noughts and crosses.</p>
22	<p>Take out the box of chalk and head outdoors to draw on the pavement.</p>
23	<p>Squirt a few large dollops of shaving cream into a tray. Drop a few sprinkles of food colouring into each dollop. Pop a skewer into each dollop. Mix the colour into the shaving cream and throughout the tray. Place a piece of paper over the top of the shaving cream and press down gently. Pull out the piece of paper and see the markings on the opposite side. Hang to dry and then display in the home art gallery.</p>
24	<p>Bring out the natural loose piece collection. Some PVA glue and a piece of cardboard. Glue the natural loose parts to the cardboard and create a masterpiece.</p>
25	<p>Pop a set of loose parts play eg, mandala pieces with a set of tongs. Transfer the loose parts from the tray to a flat surface and back to the tray.</p>

26	Fill up the ice cube tray with water (colour if you would like) and allow to freeze. Fill up spray bottles with warm water. Place the ice blocks into a tray and spray with the warm water. Watch what happens.
27	Project PLAY Packs – Tea Party Time
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31	Project PLAY Packs – Tea Party Time



daily play play



date: _____

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top priorities

1	
2	
3	
4	

household duties

	Kitchen		Bedrooms		Homework
	Laundry		Lunchboxes		Other
	Bathrooms		General		Meal prep

to do list

Daily 5 am Daily 5 pm

<input type="checkbox"/>	
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Activity #1

Shopping/Gift Ideas

Activity #2

Self-Care

Activity #3

Gratitude

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extra notes

Jot down any other ideas or notes you may have.

november check in

What worked well this month? What didn't work well this month? Share your reflections in the FB members only group!

project play

Woo hoo! You have embraced another
month of PLAY!