

project play

The daily PLAY Plans

pre-schooler

www.celebrateplay.com.au

about erin



Hi there!! I'm Erin, teacher (EC and Primary), Mum (of 2), wife, smoothie obsessed, organisational nerd and soon to be your greatest PLAYmate...the one that will share...

- play ideas with you
- the one that will support you in creating play systems and play spaces that fit YOUR life
- the playmate that will celebrate the PLAY wins with YOU and
- the one that will empower YOU to totally rock this motherhood PLAY gig thing - it's a REAL *thing*[♥].

play notes — my why

I am on a mission, and I feel that it's important to share my mission with you because maybe you will want to join me on this adventure.

My mission is to build a lifelong legacy of PLAY for the children of today (including my own) and for the children of tomorrow — the future generations of children yet to come.

In a world where PLAY is disappearing in the early years, I want nothing more than to bring it back in full swing by starting at home — with daily PLAY ideas from the simple to the epic!

What do you think... are you with me?

play notes

This eBook is part of a growing bundle of monthly sets of daily PLAY Plans. I created this eBook for the members of the Project PLAY membership as a tool to support them with boosting daily play and building a legacy of PLAY with the early learners in their homes.

In this resource you will find:

- 1 x monthly daily play calendar with play ideas
- A series of pages for you to write and journal your progress – a goal setting page, an observation page and a celebrating the wins page. This is a working eBook allowing you to jot down ideas and to document the moments spent together in celebrating PLAY.
- Access to the Project PLAY members only FB group along with the other Mummas that have joined the membership too.

This resource is designed with ideas to use in daily play, but we know how busy motherhood can get, so don't fret if you miss a play idea. Save it for another time for when it is needed. The aim of this resource is to help, support and save you time when thinking of what you can do with your little learner/s.

Our PLAY ideas are nothing new, they are simple, quick and easy play ideas to help maintain consistency when nurturing the flow of PLAY.

I hope this resource is helpful to when boosting daily play in your home.

Erin xx

All PLAY activities shared by celebratePLAY require adult supervision at all times.

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play notes

How to use this resource

OPTION 1.

- Print all pages of this document from beginning to end and 30 copies of page 9 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR

OPTION 2.

- Print all pages of this document from beginning to end and 30 copies of page 10 to create a monthly book. The daily PLAY Plan page (9 &10) have a slight variation in terms depending on what you use in your PLAYspace.
- You may choose to bind the book for safe keeping and ease in daily use.

OR

OPTION 3.

- Print only the pages relevant to you
- You may choose to bind the book for safe keeping and ease in daily use.

The idea behind this design has been created with great intention so that it is as versatile as possible for YOU!!

play goals



Use this space to record the goals you wish to strive for as you embrace the time with your toddler in Project PLAY eg. greater intention with daily play set ups, creating a playspace that fits your life.

preschooler **The daily PLAY Plan** december

1 Water and fruit scoop PLAY tray	2 Drawings	3 Read a Book	4 Paint the rocks	5 Update the photo album	6 Scavenger Hunt	7 Masterclass Playdough Invitation Date subject to change with notice
8 Cloud Dough	9 Kids in the Kitchen – Pinwheels (VJ Cooks)	10 Balloon Volleyball	11 Squirt the fence	12 Yoga Practice	13 Dress ups	14 Paper cup Towers
15 Water Play	16 Christmas Sticky Artwork	17 Treasure Hunt	18 Listen to a podcast	19 Quiet Time Busy bags	20 Books and Puppets	21 Build a cubby house
22 Tea Party in the cubby house	23 Cotton Tip Push and Pull	24 Sticker Lines	25 Choose Kindness Walls that Teach	26 Bubbles	27 Project PLAY Pack – Christmas Time	28 Project PLAY Pack – Christmas Time
29 Project PLAY Pack – Christmas Time	30 Project PLAY Pack – Christmas Time	31 Project PLAY Pack – Christmas Time	<i>masterclass</i> <ul style="list-style-type: none"> • LIVE run through of the eBook in FB Group • Feedback thread in FB Group 			

All PLAY Based learning experiences listed require ADULT Supervision at all times!!

Share your PLAY with us in the FB membership group and tag #celebrate_play to be featured in our Insta Stories

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- This calendar is not dated as previous daily PLAY Plans have been. You can still use it as a dated calendar if that works best for you. The masterclass will take place on the date marked in the calendar eg, 9th March, 2023.

pre-schooler **The daily PLAY Plan** resources

day of the week	resources needed
1	Water, tray, fruit and scoops
2	Markers and paper
3	Books
4	Rocks, paint and wipes
5	Photo and photo albums
6	Objects/toys to find
7	Masterclass – Playdough and fine motor tools
8	Plain flour, oil, tray and fine motor tools
9	Recipe – Pinwheels by VJ Cooks
10	Balloons and net
11	Water spray bottle and fence
12	Yoga – cards or video
13	Dress up clothes and props
14	Paper cups
15	Water, tray, scoops and fine motor tools
16	Christmas collage pieces, contact and a window
17	Toys
18	Podcast – ABC Listen
19	Busy bag supplies printables
20	Books and Puppets
21	Blankets and table
22	Tea Party supplies, blankets and table
23	Cotton tips and colander
24	Dot Stickers, markers and paper
25	Choose Kindness Walls Pack
26	Bubbles (various sizes and shapes)
27	Project PLAY Pack – Christmas Time
28	Project PLAY Pack – Christmas Time
29	Project PLAY Pack – Christmas Time
30	Project PLAY Pack – Christmas Time
31	Project PLAY Pack – Christmas Time

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pre-schooler **The daily PLAY Plan** resources

day of the week	resources needed
1	Fill a tray up with a shallow level of water, slice some fruit (we love using oranges and lemons) and place them in the water with some scoops.
2	Pop out a set of markers with paper and draw a picture.
3	Sit in the book nook and read some books together.
4	Grab a set of rocks/pebbles and some paint and wipes. Paint the rocks with colour and pictures. OPTIONAL – make a rock garden in the yard or local area.
5	Update the photo album with photos over the last few months.
6	Call out an object in the home for your little one to find and bring to you.
7	Masterclass – join me live in the FB group.
8	Make a batch of cloud dough following the recipe (bonus in the play portal). Set it up in a tray, waterproof mat and scooping tools.
9	Head into the kitchen and make pinwheels – see VJ Cooks for the recipe
10	Blow up a balloon and bounce it over a volleyball net.
11	Fill up a spray bottle with some coloured water. Spray it on the yard fence. Then hose it down.
12	Yoga – check out a set of cards online or a video – we love Cosmic Yoga.
13	Pull out the dress up clothes and props for a fashion show.
14	Stack up the paper cups and see how high you can go before it falls down.
15	Fill up a tub with a shallow level of water. Using scoops and containers see volume and capacity works – full, empty, half full.
16	Tape a piece of clear contact onto the window and using Christmas paper scraps create an artwork on the contact.
17	Call out the name of a variety of toys and see if you can find them together. OPTIONAL – finish the game off with packing away together.
18	Listen to the podcast – ABC Listen – we love fact detectives
19	Head into the bonus section of the play portal and print out the Busy Bag Idea.
20	Find your favourite books and a set of puppets and tell the story using the puppets.
21	Make a blanket fort in the living area.
22	Have tea party inside for morning or afternoon tea.
23	Pull out the colander from the kitchen and a set of cotton tips and thread them through the holes.
24	Draw some lines on a sheet of paper. Pop some dot stickers out and stick them together on the lines to make a pattern.
25	Refer to the Choose Kindness pack from last month and complete one of the activities.

26	Pull out the bubble wands and hoops and head outdoors for some bubble blowing.
27	Project PLAY Packs – Christmas Time
28	Project PLAY Packs – Christmas Time
29	Project PLAY Packs – Christmas Time
30	Project PLAY Packs – Christmas Time
31	Project PLAY Packs – Christmas Time



daily play play



date: _____

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top priorities

1	
2	
3	
4	

household duties

	Kitchen		Bedrooms		Homework
	Laundry		Lunchboxes		Other
	Bathrooms		General		Meal prep

to do list

Daily 5 am Daily 5 pm

<input type="checkbox"/>	
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Activity #1

Shopping/Gift Ideas

Activity #2

Self-Care

Activity #3

Gratitude

Activity #4

Calls/Records

observations

Use this space to record the things you noticed whilst your little ones were playing!
What ideas has it sparked for future learning experiences? What resources will you
need and where will you set it up?

celebrate the wins!

Use this space to record the wins (no matter how small they may feel) and how you celebrated them eg. family night out, claps, a dance or a smile or something totally different.

extra notes

Jot down any other ideas or notes you may have.

december check in

What worked well this month? What didn't work well this month? Share your reflections in the FB members only group!

project play

Woo hoo! You have embraced another
month of PLAY!